

# HISTOTRIPSY

Updated  
2/4/2026

Cerner EMR Order Name	Dept Order Entry Order Name
IR Histotripsy	IR Histotripsy

## For Providers

- **Need to hold blood thinners:** no
- **Need to hold diabetes / weight loss medications:** yes (per information below)
- **Need to hold other meds:** no
- **Need to be NPO:** yes (8 hrs for food and non clear liquids, 2 hrs for clear liquids)
- **Need blood work:** yes within 72 hrs (inpatients) or within 30 days (outpatients)
  - CBC w/o differential (*platelets  $\geq 50k$* )
  - PT/INR (*INR  $\leq 1.8$* )
  - BMP (only in patients with renal disease)
- **Receive moderate sedation:** general anesthesia

## For Schedulers

- Requirements in **For Provider** section also apply.
- **Need imaging/radiologist review:** yes
- **Need H&P:** yes updated within 30 days of procedure date (must include heart & lungs exam)
- **Need a driver:** yes
- **Need bed in Short Stay / PACU:** yes
- **Need an IV:** yes
- **Arrival time:** 2 hrs prior to appointment
- **Stay after procedure:** 2-4 hrs after procedure
- **Rads that do procedure:** Rezaei (AR)

## Diabetic Medication Instructions

- Do not take any oral diabetes medications the morning of your procedure.
- Do not take short-acting insulin the morning of your procedure.
- Take only half your usual dose of long-acting insulin the evening before your procedure. Do not take long-acting insulin the morning of your procedure.
- Monitor your blood glucose throughout the day and take glucose tablets as needed.
- If you use an insulin pump, please contact your endocrinologist for further instructions.

# HISTOTRIPSY

## Other Diabetes & Weight Loss Medication Hold Times

- For procedures involving general anesthesia, the following medications should be held for the indicated timeframe:

<b>24 Hour Hold</b>		<b>4 Day Hold</b>		<b>7 Day Hold</b>
Brynovin	Saxagliptin	Bexagliflozin	Invokana	Bydureon BCise
Byetta	Saxenda	Brenzavvy	Jardiance	Dulaglutide
Exenatide	Sitagliptin	Canagliflozin	Qtern	Mounjaro
Janumet	Soliqua 100/33	Dapagliflozin	Segluromet	Ozempic
Januvia	Tradjenta	Empagliflozin	Steglatro	Tirzepatide
Jentadueto	Victoza	Ertugliflozin	Steglujan	Trulicity
Liraglutide	Xultophy 100/3.6	Farxiga	Synjardy	Wegovy
Lixisenatide	Zituvimet	Glyxambi	Trijardy	Zepbound
Rybelsus	Zituvio	Invokamet	Xigduo XR	