

CT Chest High-Res Routine

Updated
5/1/2024

The following history/indications trigger a routine HRCT protocol whether or not ordered as HRCT: interstitial lung disease (ILD), pulmonary fibrosis, interstitial pulmonary fibrosis (IPF), usual interstitial pneumonitis (UIP), nonspecific interstitial pneumonitis (NSIP), bronchiectasis, asbestosis, sarcoidosis, hypersensitivity pneumonitis, connective tissue disease, rheumatoid, scleroderma and pneumoconiosis.

Use this routine HRCT protocol unless instructed to use the full HRCT protocol.

Use CT chest HRCT charges. Do not use regular CT chest charges.

GENERAL SCAN NOTES

Move the patient's arms over his/her head if possible. Remove any metal from the imaging field of view.

Have the patient cough a few times to clear secretions. This reduces incidence of small lung nodules.

Topogram - lung apices through diaphragm (obtained during end inspiration).

Craniocaudal scan coverage - lung apices through adrenal glands (obtained during end inspiration).

Adjust FOV (field of view) on topogram to smallest without cropping anatomy.

Scan parameters are the same as routine chest protocol.

IV Contrast: 100 mL Omnipaque-300, inject at 2 mL/sec, 30 secs scan delay.

For **GE scanners**, it is essential for the 1st recon thickness on the scanner to match the 1st recon thickness in this protocol book for the prescribed Noise Index to be valid. The 1st recon should generally be the thickest recon in the protocol.

CT Chest High-Res Routine

SIEMENS PARAMETERS & RECONS

	Scan Mode	kV	mAs	Care Dose	Care kV & Lvl	Pitch	Acq	Coll	Rot Time	Scan Time
Sensation 16	spiral	120	100	on	NA	1.15	16	0.75	0.5	10.9
Go Up 32	spiral	130	51	on	on 80	1.50	32	0.7	0.8	7.1
Sensation 64	spiral	120	100	on	NA	1.40	64	0.6	0.5	5.6
Definition 64	spiral	120	110	on	on	1.20	64	0.6	0.5	6.5
Go Top 64	spiral	120	62	on	on 80	1.20	64	0.6	0.33	2.1
Drive 128	spiral	120	66	on	on	1.20	128	0.6	0.5	3.3
Force 192	spiral	110	51	on	on	1.20	192	0.5	0.5	2.6

Name of Series	Thick	Interval	Kernel	Window	IR Lvl	Recon Direction
AX LUNG	3.0	3.0	B157 / B70f	lung	3	head/feet
AX SOFT	3.0	3.0	Br40 / B41f	mediastinum	3	head/feet
COR SOFT	3.0	3.0	Br40 / B41f	mediastinum	3	front/back
SAG SOFT	3.0	3.0	Br40 / B41f	mediastinum	3	left/right
AX HRCT	1.0	5.0	B157 / B70f	lung	3	head/feet
COR HRCT	1.0	5.0	B157 / B70f	lung	3	front/back
AX THINS	1.0	0.8	Br40 / B41f	mediastinum	3	head/feet
AX MIPS	8.0	3.0	Br40 / B41f	lung	3	head/feet

Send the above recons on the pre contrast scan (if without only) or on the post contrast scan (if IV given).

Send only the following recon on the pre contrast scan (if without and with).

AX SOFT PRE	3.0	3.0	Br40 / B41f	mediastinum	3	head/feet
-------------	-----	-----	-------------	-------------	---	-----------

CT Chest High-Res Routine

GE PARAMETERS & RECONS

	Scan Type	SFOV	kV	mA Range	Noise Index	Smart mA	Slice Thick	Beam Coll	Pitch	Speed	Rot Time	Dose Red	ASIR	Scan Time
LS 16	helical	large	120	100-440	16.36	on	2.5	20	1.375	27.50	0.5	NA	NA	5.5
Opt 540	helical	large	120	100-440	16.36	on	2.5	20	1.375	27.50	0.5	NA	NA	5.5
LS VCT 64	helical	large body	120	100-650	18.38	on	2.5	40	1.375	55.00	0.4	50	50	2.2
Disc VCT 64	helical	large body	120	100-650	18.38	on	2.5	40	1.375	55.00	0.4	NA	NA	2.2

Name of Series	Thickness	Interval	Recon Algorithm	Window Width/Level	Recon Direction
AX LUNG	2.5	2.5	lung	1600/-600	head/feet
AX SOFT	2.5	2.5	std full	400/40	head/feet
COR SOFT	2.5	2.5	std full	400/40	front/back
SAG SOFT	2.5	2.5	std full	400/40	left/right
AX HRCT	1.25	5.0	bone plus full	1600/-600	head/feet
COR HRCT	1.25	5.0	bone plus full	1600/-600	front/back
AX THINS	1.25	1.0	std full	400/40	head/feet
AX MIPS	8.0	3.0	std full	1600/-600	head/feet

Must be first recon.

Send the above recons on the pre contrast scan (if without only) or on the post contrast scan (if IV given).

Send only the following recon on the pre contrast scan (if without and with).

AX SOFT PRE	2.5	2.5	std full	400/40	head/feet
-------------	-----	-----	----------	--------	-----------

CT Chest High-Res Routine

PHILIPS PARAMETERS & RECONS

	Scan Mode	kV	Avg mAs	Dose Index	3D Dose	Pitch	Detect	Colli	Rot Time	Scan Time
Incisive 128	helical	120	92	19	on	1.00	64	0.625	0.75	5.6

Name of Series	Thick	Interval	Filter	Window	iDose	Recon Direction
AX LUNG	3.0	3.0	YA	lung	3	head/feet
AX SOFT	3.0	3.0	B	mediastinum	3	head/feet
COR SOFT	3.0	3.0	B	mediastinum	3	front/back
SAG SOFT	3.0	3.0	B	mediastinum	3	left/right
AX HRCT	1.0	5.0	YA	lung	3	head/feet
COR HRCT	1.0	5.0	YA	lung	3	front/back
AX THINS	1.0	0.75	B	mediastinum	3	head/feet
AX MIPS	8.0	2.0	B	lung	3	head/feet

Send the above recons on the pre contrast scan (if without only) or on the post contrast scan (if IV given).

Send only the following recon on the pre contrast scan (if without and with).

AX SOFT PRE	3.0	3.0	B	mediastinum	3	head/feet
-------------	-----	-----	---	-------------	---	-----------