

ASCENSION ST VINCENTS

FEEDING TUBE AFTERCARE INSTRUCTIONS

Who Performed Your Procedure:

Aftercare Instructions:

- Bandaging will be applied over the procedure site. Change the bandaging as needed and after it gets wet. You may shower and allow water to flow over the site 24 hours after your procedure, however, do not submerge the site in water (bath, pool, hot tub or ocean) until the feeding tube has been removed and the site has healed. Do not apply lotion/ointment to the site until it has healed unless instructed to do so.
- Avoid strenuous physical activity for at least 24 hours then increase your activity level as tolerated.
- It is normal to experience discomfort / pain and bruising after your procedure. You can take acetaminophen (Tylenol) for the first 24 hours after your procedure. After 24 hours, you may switch to aspirin, ibuprofen (Motrin) or naproxen (Aleve) if acetaminophen is not adequately decreasing your pain.
- Make sure any pills/powder are crushed finely and mixed with ample water before injecting them through the tube. Make sure to flush the tube with ample water afterwards as well to prevent clogging of the tube.
- Contact Radiology or your ordering clinician if you have any concerns or experience any of the following after your procedure: continued bleeding, significant swelling, severe pain not responding to over-the-counter medications, signs of possible infection (significant redness or purulent drainage from the site, severe pain, fever or chills), shortness of breath and/or chest pain that is worse than normal for you, dizziness / lightheadedness when standing, a faster than normal heart rate or drainage from around the catheter.
- Weekdays 8 am to 5 pm call 308-8401 (Riverside), 296-3886 (Southside), 602-1360 (Clay), 691-1297 (St Johns) or Optimal Imaging (450-6960). Weekdays 5 pm to 10 pm or weekends 6 am to 10 pm call 308-8401. If outside of these hours, call the hospital operator at 308-7300 and ask to speak to the Interventional Radiologist on call.
- Call 911 or have someone take you to the nearest Emergency Room if you are experiencing severe/significant symptoms.